



STANFORD MEDIA RELATIONS



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2007 Stanford Cross Country Results

September 8, 2007 Chico State Invitational (Oroville, CA)

Men's Team Results (5 teams)

1. **Stanford 29**; 2. Chico State 34; 3. St. Mary's 88;
4. Simpson University 108; 5. CSU Monterey Bay 119

Men's Individual Results (8,000 Meters, 70 Runners)

1. Scott Bauhs, unattached	26:13.7
2. Justin Marpole-Bird, Stanford	26:20.4
3. Antonio Miramontes, unattached	26:23.1
4. Tim Tollefson, Chico State	26:25.5
5. Oscar Ogwaro, Unattached	26:27.9
6. Abdenego Magut, Simpson Univ.	26:28.3
7. Lauren Jespersen, Stanford	26:40.5
8. Hari Mix, Stanford	26:46.0
9. Sergio Lares, Unattached	26:46.8
10. Brendan Scanlon, Chico State	26:48.4

Other Stanford Runners: 12. Neftalem Araia, 26:56.3;
15. Jacob Evans, 27:06.4; 27. Chris Mocko, 27:40.6

Women's Team Results (7 teams)

1. **Stanford 28**; 2. Chico State 31; 3. St. Mary's 88;
4. UC Davis 90; 5. CSU Monterey Bay 149;
6. Simpson University 153; 7. Shasta College 161

Women's Individual Results (6,000 Meters, 60 Runners)

1. Teresa McWalters, Stanford	20:57.2
2. Sarah Montez, Chico State	21:45.9
3. Lindsay Allen, Stanford	21:56.6
4. Alicia Follmar, Stanford	21:56.8
5. Shannon McVanell, Chico State	22:04.8
6. Madeleine O'Meara, Stanford	22:07.7
7. Mary Torres, unattached	22:20.9
8. Kara Lubieniecki, Chico State	22:31.5
9. Aisha Kamala, Chico State	22:36.8
10. Lindsay Nelson, Chico State	22:47.6

Other Stanford Runners: 14. Shannon Bergstedt, 23:26.4

September 29, 2007 Stanford Invitational (Stanford, CA)

Men's Team Results - 8,000 meters (31 teams)

1. **Stanford 37**; 2. Cal 65; 3. UCSB 97;
4. Adams State 120; 5. Chico State 199; 6. Guelph 248; 7.
Arizona 301; 8. Azusa Pacific 308; 9. Long Beach State 312;
10. UC Davis 358

Men's Individual Results (8,000 Meters, 204 Runners)

1. Aron Rono, Azusa Pacific	23:13
2. David Torrence, California	23:25
3. Aaron Braun, Adams State	23:38
4. Neftalem Araia, Stanford	23:40
5. Hari Mix, Stanford	23:46
6. Russell Brown, Stanford	23:47
7. Mark Matusak, California	23:55
8. Yosef Ghebray, California	24:06
9. Michael Coe, California	24:14
10. Hakon DeVries, Stanford	24:17

Other Stanford Runners: 12. Justin Marpole-Bird, 24:28;
19. Chris Mocko, 24:45; 28. Lauren Jespersen, 24:55; 46. Jacob
Evans, 25:08.

Women's Team Results (28 teams)

1. **Stanford 27**; 2. Adams State 78; 3. UC Irvine 133;
4. Arizona 160; 5. Guelph 171; 6. Chico State 205; 7. Loyola
Marymount 213; 8. Cal 231; 9. Long Beach State 235; 10. Utah
241

Women's Individual Results (6,000 Meters, 185 Runners)

1. Arianna Lambie, Stanford	19:48
2. Lindsay Carson, Guelph	20:34
3. Laura Olvera, UC Irvine	20:42
4. Alicia Follmar, Stanford	20:52
5. Candice Proctor, UC Irvine	20:54
6. Lauren Centrowitz, Stanford	20:55
7. Kate Niehaus, Stanford	20:59
8. Laura Mickelson, Loyola Marymount	21:04
9. Katie Harrington, Stanford	21:08
10. Rebecca Yau, California	21:17

Other Stanford Runners: 17. Lindsay Allen, 21:31; 98. Shannon
Bergstedt, 23:17

October 13, 2007
Bronco Invitational
(Santa Clara, CA)

Men's Team Results (17 teams)

1. Long Beach St. 85; 2. Loyola Marymount 111; 3. UC Davis 117; 4. Sacramento St. 139; 5. Fullerton 160; **6. Stanford 170**; 7. Santa Clara 172; 8. Boise St. 182; 9. USF 190; 10. Masters College 226.

Men's Individual Results (8,000 Meters, 158 Runners)

1. Brendan Gregg, Unattached	24:36
2. Mike Delaurenti, Santa Clara	24:49
3. Cody Eaton, Boise State	24:51
4. Lauren Jespersen, Stanford	24:51
5. Dylan Jaedtke, Long Beach State	24:52
6. KC Cody, Unattached	24:52
7. Tommy Gruenewald, Unattached	24:53
8. Jake Riley, Unattached	25:00
9. Eli Rodriquez, Long Beach State	25:06
10. Alex Nelso, USF	25:07

Other Stanford Runners: 21. Chris Mocko, 25:23; 23. Jacob Evans, 25:26; 38. Garrett Heath, 25:39; 140. Justion Reed, 28:13.

Women's Team Results (16 teams)

1. USF 76; 2. Long Beach St. 100; 3. Santa Clara 125; 4. Nevada 126; 5. Cal State LA 127; 6. Fullerton 135; 7. UC Davis 152; 8. Loyola Marymount 169; 9. Boise St. 206; 10. New Mexico St. 238; 11. San Jose St. 286; **12. Stanford 308**.

Women's Individual Results (6,000 Meters, 140 Runners)

1. Laura Mickleon, Loyola Marymount	17:03
2. Sarah Apgar, Long Beach State	17:21
3. Kim Conley, UC Davis	17:22
4. Adrie Puetz, Santa Clara	17:30
5. Tara Erdmann, Loyola Marymount	17:38
6. Christa Avena, Nevada	17:40
7. Carly Harris, Long Beach State	17:41
8. Samantha Davis, Nevada	17:43
9. Michelle Born, USF	17:43
10. Karla Alburez, Cal State LA	17:44

Other Stanford Runners: 22. Maddie O'Meara, 17:58; 63. Lindsay Flacks, 18:44; 68. Kaylin Pennington, 18:54; 70. Anna Schuessler, 18:55; 99. Shannon Bergstedt, 19:25.

October 13, 2007
Pre-NCAA Invitational
(Terre Haute, IN)

Men's Team Results (40 teams)

1. UTEP 129; 2. Colorado 155; 3. North Carolina St. 182; 4. Michigan 208; 5. Notre Dame 261; **6. Stanford 264**; 7. Minnesota 289; 8. Providence 301; 9. Arizona St. 305; 10. Cal Poly 328.

Men's Individual Results (8,000 Meters, 273 Runners)

1. Josh McDougal, Liberty	22:56.4
2. Jacob Korir, Eastern Kentucky	23:00.6
3. Stephen Pifer, Colorado	23:16.7
4. Brent Vaughn, Colorado	23:16.8
5. Patrick Smyth, Notre Dame	23:18.2
6. Max Smith, Providence	23:21.2
7. Michael Woods, Michigan	23:24.7
8. Stephen Samoei, UTEP	23:28.4
9. Francis Kasagule, Lamar	23:32.4
10. Patrick Mutai, UTEP	23:33.4

Other Stanford Runners: 11. Russell Brown, 23:37; 23. Hari Mix, 23:47; 50. Neftalem Araia, 24:04; 56. Hakon Devries, 24:09; 124. John McGuire, 24:48; 141. Justin Marpole-Bird, 24:55.

Women's Team Results (35 teams)

1. Stanford 102; 2. Florida St. 123; 3. Michigan St. 178; 4. Minnesota 192; 5. Georgetown 210; 6. Colorado St. 216; 7. Rice 224; 8. Northern Arizona 266; 9. Wisconsin 288; 10. North Carolina St. 289.

Women's Individual Results (6,000 Meters, 259 Runners)

1. Susan Kuijken, Florida State	19:55.5
2. Teresa McWalters, Stanford	20:00.1
3. Arianna Lambie, Stanford	20:01.1
4. Emily Harrison, Virginia	20:04.8
5. Melissa Grelli, Georgetown	20:13.1
6. Diana Jephchirchir, Coastal Carolina	20:24.6
7. Alex Becker, Tulsa	20:26.7
8. Ilsa Paulson, Northern Arizona	20:33.1
9. Alissa McKaig, Michigan State	20:34.9
10. Brittany Tinsley, North Carolina St.	20:38.0

Other Stanford Runners: 23. Alicia Follmar, 20:51; 31. Alex Gits, 20:58; 43. Kate Niehaus, 21:08; 47. Lindsay Allen, 21:11; 52. Katie Harrington, 21:15.

October 27, 2007

**Pac-10 Championships
(Corvallis, OR)**

Men's Team Results (8 teams)

1. Oregon 39; **2. Stanford 55**; 3. Cal 70; 4. UCLA 97;
5. Arizona State 105; 6. Washington 162; 7. Washington
State 166; 8. Arizona 260.

Men's Individual Results (8,000 Meters, 76 Runners)

1. Shadrack Kiptoo-Biwott, Oregon	22:54.9
2. Galen Rupp, Oregon	22:58.4
3. Russell Brown, Stanford	23:08.7
4. Austin Ramos, UCLA	23:10.8
5. Hari Mix, Stanford	23:11.6
6. Neftalem Araia, Stanford	23:12.1
7. Yosef Ghebray, Cal	23:14.4
8. Mark Mutusak, Cal	23:16.8
9. David Torrence, Cal	23:17.4
10. Kyle Alcorn, Arizona State	23:18.8

Other Stanford Runners: 17. Hakon Devries, 23:30.0;
24. John McGuire, 23:43.2; 29. Garrett Heath, 23:47.7;
35. Elliot Heath, 23:53.9, 39. Lauren Jespersen, 24:02.9;
43. Justin Marpole-Bird, 24:09.2; 51. Brendan Gregg,
24:24.1.

Women's Team Results (10 teams)

1. Stanford 48; 2. Oregon 64; 3. Arizona St. 68;
3. Washington 68; 5. Washington St. 136; 6. Arizona
188;
7. Oregon St. 197; 8. USC 215; 9. Cal 237;
10. UCLA 248.

Women's Individual Results (6,000 Meters, 86 Runners)

1. Arianna Lambie, Stanford	19:40.7
2. Teresa McWalters, Stanford	19:41.1
3. Alexandra Kosinski, Oregon	19:54.1
4. Nicole Blood, Oregon	20:08.5
5. Jenna Kingma, Arizona State	20:09.4
6. Anita Campbell, Washington	20:10.9
7. Ali Kielty, Arizona State	20:24.3
8. Isley Gonzalez, Washington State	20:26.6
9. Katie Follett, Washington	20:26.8
10. Lauren Centrowitz, Stanford	20:27.1

Other Stanford Runners: 14. Kate Niehaus, 20:35.9; 21.
Katie Harrington, 20:52.3; 22. Lindsay Allen, 20:54.3;
43. Maddie O'Meara, 21:31.1; 54. Lindsay Flacks, 21:47.4

November 10, 2007

**NCAA West Regional
(Eugene, OR)**

Men's Team Results (24 teams)

1. Oregon 47; 2. Portland 76; **3. Stanford 100**; 4. Cal 112; 5. Cal
Poly 116; 6. Arizona State 141; 7. UCLA 142; 8. Washington State
220; 9. UC Santa Barbara 224; 10. Washington 233.

Men's Individual Results (10,000 Meters, 174 Runners)

1. Galen Rupp, Oregon	29:35.45
2. David Kinsella, Portland	29:45.70
3. Shadrack Kiptoo-Biwott, Oregon	30:03.50
4. John Moore, Portland	30:05.70
5. Michael Kilburg, Portland	30:06.90
6. Neftalem Araia, Stanford	30:08.35
7. Kyle Alcorn, Arizona State	30:12.15
8. Yosef Ghebray, Cal	30:14.55
9. David Torrence, Cal	30:19.00
10. Hari Mix, Stanford	30:20.60

Other Stanford Runners: 26. Hakon Devries, 30:51.0; 28. Garrett
Heath 30:52.35; 30. Russell Brown 30:54.45; 41. Elliot Heath,
31:11.85; 65. John McGuire 31:48.85.

Women's Team Results (31 teams)

1. Stanford 33; 2. Oregon 72; 3. Arizona St. 106;
4. Washington 118; 5. UC Santa Barbara 143; 6. Washington State
249; 7. Portland 250; 8. UC Riverside 304; 9. Cal 328; 10. Long
Beach State 334.

Women's Individual Results (6,000 Meters, 212 Runners)

1. Teresa McWalters, Stanford	19:57.30
2. Nicole Blood, Oregon	20:05.35
3. Alex Gits, Stanford	20:23.40
4. Anita Campbell, Washington	20:24.40
5. Arianna Lambie, Stanford	20:31.25
6. Alexandra Kosinski, Oregon	20:36.45
7. Katie Follett, Washington	20:39.70
8. Jenna Kingma, Arizona State	20:41.30
9. Dana Morgan, Portland	20:41.40
10. Lauren Centrowitz, Stanford	20:44.80

Other Stanford Runners: 14. Katie Harrington, 20:49.40; 19. Lind-
say Allen, 21:00.15; 144. Kate Niehaus, 22:59.20.

November 19, 2007
NCAA Championships
(Terre Haute, IN)

Men's Team Results (30 teams)

1. Oregon 85; 2. Iona 113; 3. Oklahoma State 180; 4. Northern Arizona 190; 5. Wisconsin 239; 6. Alabama 280; 7. Colorado 287; 8. Minnesota 322; 9. Louisville 324; 10. UTEP 331; **19. Stanford 451.**

Men's Individual Results (10,000 Meters, 174 Runners)

1. Josh McDougal, Liberty	29:22.4
2. Galen Rupp, Oregon	29:23.4
3. Lopez Lomong, Northern Arizona	29:45.5
4. Robert Curtis, Villanova	29:46.3
5. Brent Vaughn, Colorado	29:47.4
6. Jacob Korir, Eastern Kentucky	29:48.7
7. Shadrack Songok, Tex. AM Corp. Christi	29:50.1
8. David Kinsella, Portland	29:52.2
9. Shadrack Kiptoo-Biwot, Oregon	29:55.9
10. David McNeill, Northern Arizona	29:56.8

Other Stanford Runners: 50. Neftalem Araia 30:42.0 (*All-American*);
51. Russell Brown 30:42.0 (*All-American*); 90. Hakon Devries 31:04.2;
162. Garrett Heath 31:37.8; 205. Hari Mix 32:13.2; 214. John McGuire
32:25.2; 237. Elliott Heath 33:00.9.

Women's Team Results (31 teams)

1. Stanford 145; 2. Oregon 177; 3. Florida St. 236;
4. Arizona St. 251; 5. Michigan St. 321; 6. Illinois 331; 7. Northern
Arizona 357; 8. Washington 358; 9. West Virginia 375; 10. Iowa 387.

Women's Individual Results (6,000 Meters, 212 Runners)

1. Sally Kipyego, Texas Tech	19:30.9
2. Jenny Barringer, Colorado	19:47.8
3. Susan Kuijken, Florida State	19:57.3
4. Diane Nukuri, Iowa	20:07.0
5. Nicole Bush, Michigan State	20:13.4
6. Emily Harrison, Virginia	20:15.0
7. Barbara Parker, Florida State	20:17.0
8. Nicole Blood, Oregon	20:17.6
9. Arianna Lambie, Stanford	20:18.2 (<i>All-American</i>)
10. Melissa Grelli, Georgetown	20:19.6

Other Stanford Runners: 36. Lauren Centrowtiz 20:59.3 (*All-American*);
40. Katie Harrington 21:06.5 (*All-American*); 53. Alex Gits 21:12.4; 62.
Teresa McWalters 21:16.0; 72 Lindsay Allen 21:22.0; 89. Kate Niehaus
21:29.6